

Document ID EM/FORMAT/37/V2.0 Document Version 02 Document Category Format Issue Date 06/2026

O.T. Post Operative Monitoring Chart

<u>Patient Label</u>	
Name: _____	Age/Sex: _____
UHID No. _____	IP NO.: _____
Date of Admission: _____	Dept./Unit: _____
Date of Discharge: _____	Bed No.: _____
Ward: _____	Doctor-in charge: _____

Post Operative Monitoring Criteria

TIME IN POST OP: _____

TIME OUT POST OP: _____

TIME	PULSE	BP	SPO2	PAIN/PONV/ Etc.	MEDICATION	REMARKS

To be done every 5-10 minute from patient receiving time in post OP by nursing staff

NURSING NOTES _____

Name of Staff Nurse

Sign. of Staff Nurse

ALDRETE SCORING/DISCHARGE CRITERIA

Criteria for Determination of Discharge Score for Release from the Post Anaesthesia Care Unit

Aldrete Criteria	Parameters	Time			
Activity	2 = Able to move 4 extremities voluntarily 1 = Able to move 2 extremities voluntarily 0 = Able to move 0 extremities				
Respiration	2 = Able to take deep breath and cough 1 = Dyspnea / shallow breathing 0 = Apnea				
Circulation	2 = BP $\pm$ 20mm HG pre op 1 = BP $\pm$ 20-50 mm HG pre op 0 = BP $\pm$ 50 mm HG pre op				
Consciousness	2 = Fully awake 1 = Arousable on calling 0 = Not responding				
O2 Saturation	2 = Maintain > 92% on room air 1 : Needs O2 inhalation to maintain O2 saturation > 90% 0 = Saturation < 90% even with supplemental oxygen				
Total Aldrete Scoring :					

PRE-DISCHARGE ASSESSMENT (RECOVERY ROOM)

VITALS STABLE: ☐ YES ☐ NO

VITALS: HR: _____ per min.

RR: _____ per min.

VOMITING ☐ YES ☐ NO

BP: _____ per min.

O₂ Saturation: _____ per min.

BLEEDING ☐ YES ☐ NO

Pain Score: _____

Remarks: _____

Condition at Discharge ☐ Stable ☐ Fair ☐ Unstable

Discharge Criteria ☐ Met ☐ Not met

Date _____

Time _____

Name of anaesthetist

Sign. of doctor

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